

# Take A Walk In Your Shoes

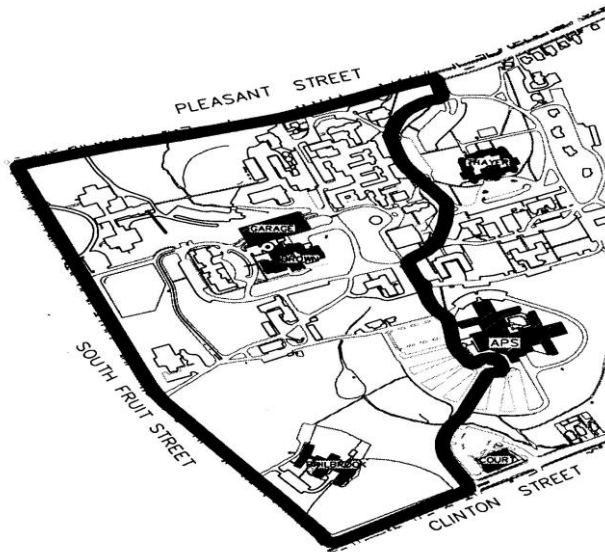
## Walks On & Around State Office Park South

### 1 3/8 miles - 2 3/8 miles



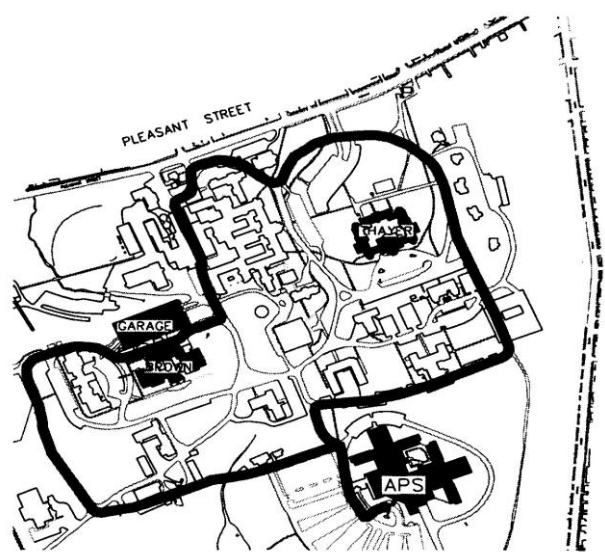
#### 1 3/8 miles - The Sunset Loop

APS Bldg. → left on Entrance Rd. Right on Clinton St.,  
So. Fruit St., Pleasant St., & Main Entrance to SOPS.  
Turn right on Wheelock Dr.  
Walk past Main & M&S Bldgs., to Ash Rd. & APS.



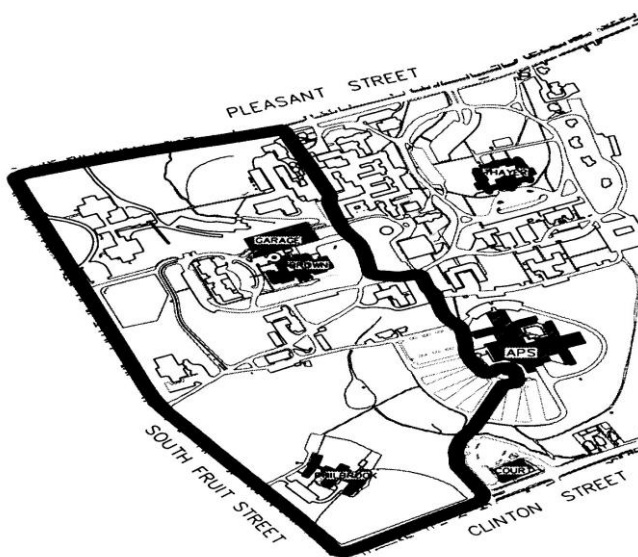
#### 1 3/8 miles - The Mid-Campus Walkabout

APS Bldg. → right on Ash Rd., left on Orchard Dr.  
Right on Tobey Rd., past Brown Bldg. to Industrial Dr.  
Walk around edge of Main Building to Wheelock Dr.  
Go past THS to Dolloff Dr. Right on Ash Rd., to APS.



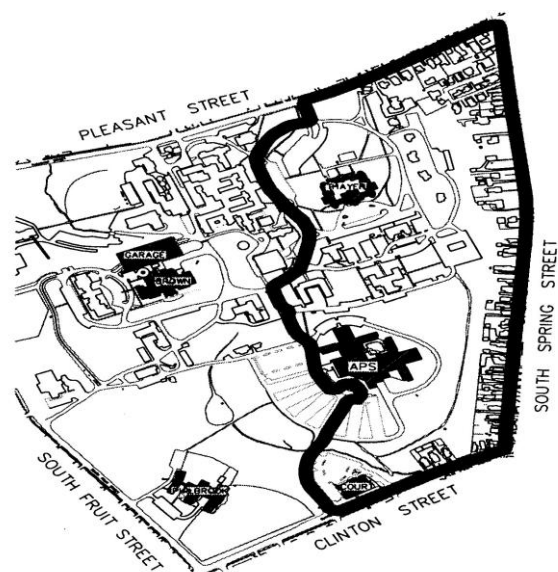
#### 1 3/8 miles - The Westerly Route

APS Bldg. → left on Entrance Road.  
Turn right on Clinton St., So. Fruit St., Pleasant St., &  
Industrial Dr.  
Left on Short Rd. Right on Ash Rd. to APS.



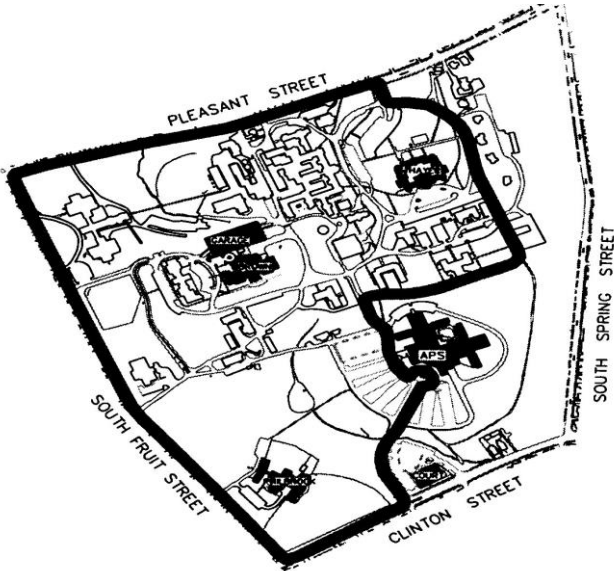
#### 1 1/2 miles - The Big Easy

APS Bldg. → left on Entrance Road. Left on Clinton St.,  
So. Spring St., Pleasant St., & Main Entrance to SOPS.  
Right on Wheelock Drive. Go past Main & M&S Bldgs.  
Turn left on Ash Rd. & on to APS.



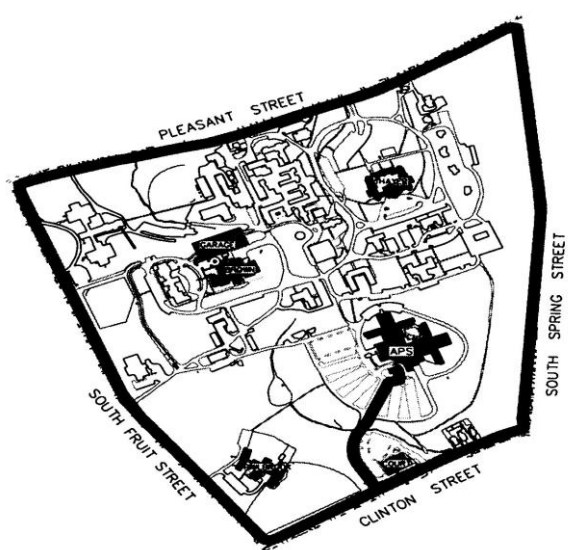
**1 3/4 miles - Walking 'Round Walker**

APS Bldg. → left on Entrance Rd. Right on Clinton St.,  
So. Fruit St., Pleasant St., & Main SOPS Entrance.  
Left on Wheelock Dr. Right on Dolloff Dr.  
Left on Ash Rd. to APS.



**2 3/8 miles - All Around the Campus**

APS Bldg. → left on Entrance Road.  
Turn right on Clinton St., So. Fruit St., & Pleasant St.  
Turn right on South Spring St. & on Clinton St.  
Turn right @ the APS Main Entrance.



**Created By New Hampshire Hospital's Employee Wellness Team**